

Dear Grief Group visitors,

Ever since my father died when I was only thirty years old, and my nephew died when he was 22, I've known some of the pain you feel in your heart. Everyone who goes through grief knows how alone you can feel trapped in it. That's why coming to this group is so important for you.

When my mother-in-law died of a strange disease at a rather young age, I remember my father-in-law telling me that he learned how "grief was something you need to lean into to get through." He said when he tried to just go on with life things inwardly didn't feel right, and externally didn't work right. He eventually found great healing in meeting with people, prayer, lots of discussion, and sharing with others. That was amazing to hear from him, a rather quiet person by nature. It points out how none of us are meant to deal with grief alone.

The group you are coming to at our church has been able to help hundreds of people facing the devastation of grief just like you. Over and over in hundreds of people's lives in the midst of all kinds of crises, I've seen the promise of God's Holy Word bring incredible transformation and renewal to people. But the key is getting your heart and mind in a place to receive it. The group you've come to tonight is amazing at helping people process grief, sorrow, and deep pain so that they can experience the transforming healing of God's Word in their lives. I pray that such an experience will happen for you as it has for so many others.

Love never fails,

Marty Berglund Senior Pastor